

Build Trail.

Have Fun.

Volunteer in The City.

V•O•CAL

Volunteers  
for Outdoor  
California



## McLaren Park

San Francisco

August 7 - 9, 2009

Join **Volunteers for Outdoor California** and **San Francisco Recreation and Parks** to improve the second largest park in The City. Build new trail and restore several segments of existing trail in **McLaren Park** to improve access and sustainability. Join over 100 volunteers to make an improvement in your community. Join us for one day or camp the weekend.

**What YOU get:**

Free Food

Free Camping

On-Site Training

Meet New People

Project Memento

A Great Workout

A Sense of Accomplishment

Join us one day or the whole weekend:

Saturday 8am - 4pm

Sunday 8:30am - 2pm

Camping (optional) is available for volunteers Friday and Saturday nights.  
Dinner Celebration Saturday Night!

more info and registration at :

[www.v-o-cal.org](http://www.v-o-cal.org)

### **Volunteers Needed!**

Trail Workers • Crew Leaders • Kitchen Crew  
Tool Managers • Greeters and Registration

All ability levels welcome - No experience necessary  
All training and tools provided



 San Francisco  
**Recreation & Parks**